### **CURRENT POSITION**

**Assistant Professor of Pastoral Counseling**, Graduate School of Religion and Religious Education, Fordham University, Bronx. NY

Psychoanalyst in private practice. New York State License #000339-1

#### **EDUCATION**

Ph.D. Union Theological Seminary, New York, May, 2006. Religion and Psychiatry.

**M. Div.** Union Theological Seminary, 1998. Practical Field Concentration (Religion and Psychiatry, and Worship and the Arts).

M.B.A. Columbia University, 1986. Concentration in Real Estate Finance.

B.A. Brown University, 1982. Double concentration in Semiotics and Music.

## PROFESSIONAL AND OTHER TRAINING

Supervisory Training Program, National Institute for the Psychotherapies (2008-2009)

CADE Workshop (Distance learning course design), June 2007

National Institute for the Psychotherapies Training Institute, Certificate in Psychoanalysis and Comprehensive Psychotherapy, June 2005.

Harm-Reduction Approach to Addictions, 2000.

Clinical Pastoral Education (CPE), Beth Israel Hospital, 1998

Hatha Yoga Teacher Certification, Integral Yoga Institute, April 1993

# TEACHING EXPERIENCE/COMPETENCIES

# Fordham University Graduate School of Religion and Religious Education

(Fall 2007-present)

Basic Skills for Pastoral Care and Counseling

Clinical Instruction/Integration I and II

Field Placement Seminar

Professional Ethics for Pastoral Counseling and Ministry

Psychology and Religion/Spirituality

Psychopathology and Diagnosis

Self and Other: Race, Culture, Gender Special Topics in Counseling: Trauma

## National Institute for the Psychotherapies Training Institute

License-Qualifying Program in Psychoanalysis – Sociocultural Issues in Growth and Psychopathology (Fall 2009-present); Psychoanalytic Diagnosis (2012) Psychoanalytic Approaches in the Work Setting – Clinical Seminar (Spring 2007, 2008)

Trauma, Spirituality, and Faith (Fall, 2008)

**Blanton-Peale Institute for Psychoanalysis and Pastoral Psychotherapy** (2006-2007) Psychoanalysis in Context: Sociocultural Influences on Growth and Psychopathology

Faith, Values, and the Psychology of Religious Experience

# St. Peter's Preparatory School, Jersey City, NJ (1998-2002)

Psychology and Religion

New Testament/Morality

L'Arche as a Model of Community (summer)

# **CLINICAL EXPERIENCE**

Psychoanalyst/Psychotherapist in private practice (2001-present) and at National Institute for the Psychotherapies (2001-2005).

Clinical Supervisor

Chaplain, Jewish Home and Hospital, Bronx, NY (part-time 2003-2004).

Pastoral Counselor, Housing Works AIDS Day Treatment Program, New York, NY (2000). Trained in harm reduction approach to addictions

## OTHER PROFESSIONAL EXPERIENCE

Theology Faculty, St. Peter's Preparatory School, Jersey City, NJ (1998-2002); also served as Liturgy Coordinator and Choir Director

Verger and Liturgy Coordinator, St. Bartholomew's Church (1995-1996)

Assistant, L'Arche Daybreak, Toronto, ON (Summers 1995 and 1996)

Vice President, Real Estate Division, Chemical Bank, New York NY (1986-1994)

## **HONORS AND AWARDS**

Fordham University Faculty Research Grant, 2014-15.

- **Stephen A. Mitchell Author's Award**, June 2011, by the International Association for Relational Psychoanalysis and Psychotherapy. Internationally-juried award for best original paper by a psychoanalyst out of training for 5 years or less. Paper: "Where God is Between Us: Religious Experience, Surrender, and the Third in Clinical Perspective"
- **National Institute for the Psychotherapies Educator's Award**, June 2006. Awarded for the best original paper by an author previously unpublished in a reviewed psychoanalytic journal. Paper: "Where God is Between Us: Religious Experience, Surrender, and the Third in Clinical Perspective."
- **Robert Wood Lynn Fellowship**, May 2006. Awarded by Auburn Theological Seminary to a graduating student who shows promise of excellence in teaching or a ministry of education.
- **Student Paper Prize** for new perspectives in ritual studies, Eastern International Regional AAR Conference, March 2001. "Ritualizing in the Place Where We Live: The Theories of Donald Winnicott and the Problem of Ritual Change."

Union Theological Seminary Traveling Fellowship, May, 1998.

Awarded to the graduating student judged by the faculty to have the promise of usefulness by contributing to theological knowledge or teaching.

## **PUBLICATIONS**

## Book Manuscript under contract (Bloomsbury Academic).

In the Name of the Mother: Psychoanalytic Perspectives on the Missing Mother in Christian Theology

**Abstract:** This work explores the question of the absence of a normative image of God as Mother in Christian theology and practice. The author considers that psychological dynamics play a significant role in this absence. Specifically, the work proposes that fears of dependence (vulnerability to a powerful, needed other), and loss of subjectivity (envy of and merger with that other) get associated psychically with the relation to "Mother." These fears, often dissociated, play out in religious life in terms of resistance to a Mother God in relation to whom we may experience our absolute dependence and vulnerability, and hence be threatened with the loss of our autonomous self.

## **Articles:**

- (In press). Where God is Between Us: Religious Experience, Surrender and the Third in Clinical Perspective, *Psychoanalytic Perspectives*.
- (In press). Complex Multiplicity and the Multiplicity Complex: Relationality in the work of Ann Belford Ulanov, *Union Seminary Quarterly Review*.
- (In press). The Legacy of L'Arche: Reflections on Healing and Hope. *Church Health Newsletter*.
- (2103). Can there be a Psychoanalytic Spirituality? A Response to Kenneth Porter. *Psychoanalytic Perspectives* 10, 270-284.
- (2013). I Know that My Redeemer Lives: A Relational Perspective on Trauma, Dissociation and Faith, *Pastoral Psychology* 62(6), 791-804.
- (2010). Mourning the Religious Self: An Experience of Multiplicity, Loss, and Religious Melancholia, *Pastoral Psychology* 59 (3), 355-364.
- (2008). Multiple Selves, Multiple Gods? Functional Polytheism and the Postmodern Religious Patient, *Pastoral Psychology* 51(1), 43-58.
- (2007). Narcissism and Religious Experience: Kohutian Theory and the Life of St. Francis of Assisi, *Journal of Religion and Health* 46(4), 527-540.

## **Book Chapters:**

(In press). Praying with Henri Nouwen in *Handbook of Prayer in the Catholic Tradition:*Learning, Practicing and Sharing Approaches to Spiritual Intimacy. Franciscan Media.

- (2011). Being a Minister and Doing Ministry: A Psychological Approach in *Reflections on Renewal: Lay Ecclesial Ministry and the Church.* D. Eschenauer and H.D. Horell, eds. Collegeville, MN: Liturgical Press.
- (2001). The Reality Principle, in *Befriending Life: Encounters with Henri Nouwen*, Beth Porter, ed. Harper Collins.

### **Reviews:**

(2001). R. Larsen and S. Larsen (2000). *The Fashioning of Angels: Partnership as Spiritual Practice*. West Chester, PA. Swedenborg Foundation, in *The Journal of Religion and Health* 40, (1), 246-247.

## **Public Media/Internet Publications:**

Working toward Welcome and Dignity for All: Article on the Anniversary of the Americans with Disabilities Act. <a href="http://www.huffingtonpost.com/lisa-cataldo/american-disability-act-working-toward-welcome-and-dignity-for-all\_b\_7852414.html">http://www.huffingtonpost.com/lisa-cataldo/american-disability-act-working-toward-welcome-and-dignity-for-all\_b\_7852414.html</a>

### **Pastoral Publications:**

The Journey toward New Life, Henri Nouwen Society Quarterly Newsletter, Spring-Summer, 2008.

Articles in Henri Nouwen Society *E-Newsletter* (www.HenriNouwen.com):

On the Journey Towards Gratitude, August 15, 2007

On the Journey Towards Aging Gracefully, Febuary 7, 2007

On the Journey Towards Hope, January 25, 2006

On the Journey Towards On the Right Use of Power, August 17, 2005

On the Journey Towards Claiming My Vocation, April 6, 2005

On the Journey Towards Healthy Sexuality, December 29, 2004

On the Journey Towards Gratitude, November 18, 2004

## ACADEMIC PAPERS AND PRESENTATIONS

Fragmentation and Reparation: A Psychoanalytic Contribution to the Understanding of Moral Injury and Healing. American Academy of Religion Annual Conference, Atlanta, GA, November, 2015.

The Future of Spiritually-Informed Treatment, a Case Presentation. Psychotherapy and Spirituality Institute Annual Conference, New York, October 2015.

Pastoral Care in the Aftermath of Trauma: Interfaith Clergy Association of Newtown, CT, October 2015.

Riding the Dragon: Rethinking the Dynamics of Trauma and Religion. Riding the Dragon, Fordham GSRRE Annual Conference for Pastoral Caregivers. March, 2015.

Complex Multiplicity and the Multiplicity Complex: Relational Reflections on the Work of Ann Belford Ulanov. American Academy of Religion Annual Conference, San Diego, CA, November 2014.

- The Deserts We Are Bound to Traverse: Religious Loss and the Survivor of Childhood Trauma. Psychoanalysis on Ice Conference, Reykjavik, Iceland, October 2014.
- Practices for Changing the Brain: Chanting and Meditation. Neuroscience for Spiritual Care Conference, Fordham University, GSSRE conference for Pastoral Caregivers. March 28, 2014.
- L'Arche at 50 Years: Jean Vanier and the Legacy of L'Arche. American Academy of Religion Annual Conference, Baltimore, MD, November 2013.
- Trauma: Response of Chaplaincy and Ministry to Disasters. Reflecting in the Aftermath: The Ministry of Spiritual Care for Trauma Victims and Spiritual Care for the Self Conference. Co-sponsored by Fordham University and the National Association for Catholic Chaplains. March, 2013.
- Healing after Violence. Shared Roots, Divergent Paths: Biannual Interfaith Colloquium co-sponsored by Iona College and the American Jewish Committee. New Rochelle, NY, February, 2013.
- What's Kohut Got to Do with It? Implications of Contemporary Self-Psychology for Psychology and Religion. American Academy of Religion Annual Conference, Chicago, IL, November, 2012.
- Multiplicity and Images of God. St. Peter's Preparatory School Faculty Development Seminar, Jersey City, NJ, November, 2011.
- Spiritual Perspectives on Gender and Sexuality. Union Theological Seminary, November, 2011.
- Where God is Between Us: Religious Experience, Surrender and the Third, International Association for Relational Psychoanalysis and Psychotherapy Annual Conference, Madrid, Spain, June 2011.
- I Know that My Redeemer Lives: Relational Perspectives on Trauma, Dissociation, and Faith (revised), International Association for Relational Psychoanalysis and Psychotherapy Annual Conference, Madrid, Spain, June 2011.
- Trauma and Its Aftermath: Forgiveness and Moral Repair Religion and Philosophy.

  Commentary on presentations on Moral Outrage and Moral Repair: Reflections on 9/11 and Its Aftermath. Fordham University Center for Ethics Education Conference, April, 2011
- Commentary on An Inconvenient Church: Reasons to Love or Lose Catholicism. LOST? Twenty-Somethings and the Catholic Church conference, Curran Center for American Catholic Studies conference, Fordham University, New York, NY. January, 2011.
- I Know that My Redeemer Lives: Relational Psychoanalytic Perspectives on Trauma, Dissociation, and Faith. American Academy of Religion Annual Conference, Atlanta, GA, November 2010.
- Trauma and Religious Experience: The Sparrow Falls. Fordham University Faculty Seminar, November, 2011.
- Trauma and the Book of Job, First Presbyterian Church, New York, NY, October 2010, and St. Bartholomew's Church, New York, NY, October, 2010.
- Archetypes, Complexes, and the Collective Unconscious: An Introduction to the Theories of Carl Jung. National Institute for the Psychotherapies Focus Series, April, 2010.
- Journey Inward, Journey Outward: Psychological Perspectives on Spiritual Life. Fordham University, April, 2010.

- Is One God Enough? Expanding the Relational Context: International Association for Relational Psychoanalysis and Psychotherapy Annual Conference, San Francisco, CA, February, 2010.
- Whatever Happened to Mother in our Image of God? Fordham University Graduate School of Religion and Religious Education, Annual Doctoral Symposium, October, 2009.
- On an Island: The Inner Life, Reykjavik, Iceland, September, 2009.
- No One is an Island: Relationality and Being, Reykjavik, Iceland, September, 2009.
- Spirituality and Clinical Work: Empathic Listening in Pastoral Counseling: Three presentations at Pastoral Counseling Conference sponsored by the University of Iceland and the Lutheran Church of Iceland, Reykjavik, Iceland, Sept. 7-9, 2009.
- Being a Minister and Doing Ministry: A Psychoanalytic Perspective on the Lay and Ordained Ministries. CoWorkers Annual Conference, Fordham University, September, 2009.
- Spirituality and Religion in Trauma Treatment. Grand Rounds Lecture, Brooklyn VA Hospital, May, 2009.
- Multiplicity and Unity: A Relational Psychology of Spiritual Practice. Molloy College Annual Voices of Women Symposium, Rockville Center, NY, April, 2009.
- Assessment in Distance Education, Association of Jesuit Colleges and Universities South and Latin America Region, Miami, FL, March 2009.
- Self and Other in Clinical Practice. Grand Rounds Lecture, Brooklyn VA Hospital, February, 2009.
- Whiteness Real and Unreal: Destruction, Survival, and Racial Melancholia, American Academy of Religion Conference (Psychology, Culture and Religion Group), Chicago, IL, November 2008.
- Clinical Perspectives on Sexuality and Spirituality, Clinical Conference lecture, Blanton-Peale Institute, New York, NY, October, 2008.
- Post-Freudian Clinical Perspectives on Freud: Union Theological Seminary, New York, NY, September, 2008
- The Henri J. M. Nouwen Lecture in Classical Christian Spirituality: Spiritual Direction in Two Voices (with Rebecca Laird), Drew University Theological School, Madison, NJ, September, 2008.
- Between Negation and Creation: Exploring the Dimension of Faith in Psychic Change, International Association for Relational Psychoanalysis and Psychotherapy Annual Conference, Baltimore, MD, June, 2008.
- Power, Gender and Sexuality in Religious and Spiritual Perspective, Union Theological Seminary, February, 2007.
- Multiple Selves, Multiple Gods? Functional Polytheism and the Postmodern Religious Patient, American Academy of Religion Annual Conference (Psychology, Culture and Religion Group), San Diego, CA, November 2007.
- Relational Perspectives on Clinical Work, Union Theological Seminary, New York, NY, October, 2007.
- Beyond Freud in Clinical Work, Union Theological Seminary, New York, NY, October, 2006.

- The Psychology and Spirituality of Martial Arts Practice, American Academy of Religion Annual Conference, (Person, Culture and Religion Group), Philadelphia, PA, November, 2005.
- The Spirit of the Treatment: Is There Space for God in an Analytic Dyad? Annual Fall Colloquium, National Institute for the Psychotherapies Training Institute, October, 2005.
- Jesus as Transforming Self-Object: Kohutian Theory and the Life of St. Francis of Assisi, American Academy of Religion Annual Conference (Person, Culture, and Religion Group), Denver, CO, November, 2001.
- Ritualizing in the Place Where We Live: The Theories of Donald Winnicott and the Problem of Ritual Change, American Academy of Religion Eastern and International Regional Conference, Syracuse, NY, March 2001.
- Sufism and Depth Psychology, American Academy of Religion Mid-Atlantic Regional Conference, New Brunswick, NJ, March 2000.

### **RESEARCH INTERESTS**

- Trauma, multiplicity, identity formation, and experiences of the other, as reflected in spiritual and religious beliefs and practices
- Intersubjectivity, race, class and culture in psychoanalytic and religious perspective Embodied experience in psychotherapy, theology, and spirituality (including gender and sexuality)
- Building bridges between pastoral counseling/religious and psychoanalytic communities

## ADULT EDUCATION PRESENTATIONS/WORKSHOPS

- Moving through Grief with Grace. Presentation at Fordham University Alumni/ae All Souls' Day event. October, 2015.
- The Gospel of Life: Spiritual Action. Presentation at the Fordham University Alumni/ae retreat, July, 2015.
- The Spirituality of Imperfection: Reflections on Henri Nouwen. St. Bartholomew's Church, New York, NY, July, 2013.
- Trauma and the Book of Job, St. Bartholomew's Church, New York, NY, September, 2011.
- Psychology and the Image of God, St. Bartholomew's Church, New York, NY, August, 2010
- What's Freud Got to Do With It? Why Psychoanalysis Matters to Religion, St. Bartholomew's Church, September, 2009
- The Spirituality of Henri Nouwen, *Modern Spiritual Masters Series*, Greymoor Retreat House, Garrison, NY, March 2009.
- Ignatian Spiritual Direction, with Roger Haight, S.J., Union Theological Seminary, New York, NY, October, 2008.
- Encounters with Otherness, in-service workshop for Clinical Pastoral Education Candidates and Supervisors, New York VA Hospital, New York, NY, July, 2008.
- Beyond the Mirror: Re- encountering our Images of God, First Presbyterian Church of Yorktown, October, 2007.

Faith in Troubled Times, Lenten Lecture Series, Hitchcock Presbyterian Church, Scarsdale, NY, March 2006.

Coming to Our Senses: Embodied Spirituality, First Presbyterian Church of Yorktown 2006.

The Psychology of Prayer, Madison Avenue Baptist Church, 2006, First Presbyterian of Yorktown, 2005.

And God Did Not Answer: Absence and Presence in Spiritual Experience, Hitchcock Presbyterian Church, Scarsdale, NY, March 2005.

Psychology and Spirituality, First Presbyterian Church of Yorktown, October, 2004.

Awakening the Creative Spirit, First Presbyterian Church of Yorktown, April, 2004.

Living a Life of Gratitude, First Presbyterian Church of Yorktown, April, 2003.

Coming to Our Senses: Embodied Spirituality, St. Bartholomew's Church, 2000.

Spirituality and the Arts, All Souls Unitarian Church, New York, NY, April, 1999.

Caring for the Caregiver, Gay Men's Health Crisis, New York, NY, October, 1998.

Contemplative Prayer: Meditation in the Christian Tradition, various church venues, 1998-2005.

Chanting as a Spiritual Practice, Marble Collegiate Church, Union Theological Seminary, Gay Men's Health Crisis, 2001, 1998.

L'Arche: A Sign of Hope, St. Bartholomew's Church, September, 1997.

## **RETREAT FACILITATION (Sample)**

Taking Time, L'Arche Daybreak Annual Assistants' Weekend (2015)

Roots and Wings, L'Arche Daybreak Annual Assistants' Weekend (2009)

With Open Hands: Henri Nouwen for Advent, Yorktown Presbyterian Church (2007)

The Psychology of Prayer. Madison Avenue Baptist Church Retreat (2006)

*The Spiritual Wisdom of Henri Nouwen.* Week-long retreat, Calvary Retreat House, Shrewsbury, MA (2005)

The Road Unfolds: Spiritual Wisdom for Times of Change. Women's Retreat, Hitchcock Presbyterian Church, Scarsdale, NY (2005)

We are All Connected. L'Arche Daybreak Annual Assistants' Weekend (2005)

Body, Mind, Spirit Retreat. Junior and Senior Class Retreats, St. Vincent Ferrer High School, New York, NY (2004)

Spiritual Self-Expression. Annual Junior Class Retreat, Notre Dame Academy, Worcester, MA (2004)

Prayer for Body, Mind and Soul. Madison Avenue Baptist Church Annual Parish Retreat Weekend (2004)

Healing and Forgiveness with Two Unnamed Women of Scripture. First Presbyterian Church of New York Women's Retreat (2003)

Living a Life of Gratitude. Madison Avenue Baptist Church Annual Parish Retreat weekend (2003)

Marble Women's Ministry Annual Weekend Retreats, Marble Collegiate Church, New York, NY:

Prayer Warriors: Opening the Windows of Heaven (2003)

Rivers of Grace (2002)

Rejoice, Your Season of Faith has Come! (2001)

A Mosaic of Women's Spiritualities (2000)

## PREACHING ENGAGEMENTS (sample)

Dignity, New York, NY
First Presbyterian Church of Yorktown, NY
Hitchcock Presbyterian Church, Scarsdale, NY
Jewish Home and Hospital, Bronx, NY
Madison Avenue Baptist Church, New York, NY
St. Andrew's Episcopal Church, Staten Island,
St. Bartholomew's Church, New York, NY
St. Peter's Preparatory School, Jersey City, NJ
Union Theological Seminary, New York, NY

## PROFESSIONAL ACTIVITIES/SERVICE

Steering Committee, Psychology, Culture, and Religion Group of the American Academy of Religion

Reviewer, Journal of Religion and Health; Pastoral Psychology, Psychoanalytic Perspectives

Executive Board Member-at-Large and Interim Treasurer, National Institute for the Psychotherapies Professional Association

### PROFESSIONAL AFFILIATIONS

American Academy of Religion (Psychology, Culture and Religion Group, Steering Committee 2007-2012)

American Psychological Association, Division 39 (Psychoanalysis) International Association for Relational Psychoanalysis and Psychotherapy National Institute for the Psychotherapies Professional Association Stephen A. Mitchell Center for Relational Studies

## **VOLUNTEER AND OTHER ACTIVITIES**

Board of Trustees: L'Arche Long Island, Riverhead, New York

Spiritual Life Committee: L'Arche USA.

Supervisor, National Institute for the Psychotherapies Training Institute

Candidate Mentor, Stephen A. Mitchell Center for Relational Studies, New York, NY Lay Minister, Visioning Committee, Strategic Planning Committee, St. Bartholomew's

Church, New York, NY

Teacher training instructor, Integral Yoga Institute