### Pre-Health

## At Fordham University



### **Doctor of Osteopathic Medicine (D.O.)**

**Description:** Osteopathic medicine provides all of the benefits of modern medicine including prescription drugs, surgery, and the use of technology to diagnose disease and evaluate injury. Emphasizing high levels of wellness with a focus on health promotion and disease prevention, D.O.s practice the full scope of medicine in all specialties of the medical field, receive the same training as other physicians while receiving 200 additional hours of O.M.M. training.

**Training:** 4 years of osteopathic medical school; 3-7 years of internship/residency; 1-3 years of specialty fellowship (varies by specialty)

# Competencies & Application Materials:

8 semester hours of biology 8 semester hours of general chemistry

8 semester hours of organic chemistry

8 semester hours of physics 6 semester hours of behavioral sciences

3 semester hours of math/statistics
6 semester hours of college English
MCAT Score

Letters of Recommendation (usually one from a D.O.) Interviews

### Recommended Experience:

- Shadowing a licensed D.O.
- Consistent volunteering in your community
- Service based club participation

### 2017-2018 Matriculants:

Medical College Admissions Test (MCAT) Mean Score = 503.1 GPA Science Mean = 3.43

GPA Non-Science Mean =

3.64 Mean Total GPA = 3.53

#### Fordham Resources:

- Leverage your own personal network or ask your pre-health advisors about shadowing opportunities.
- Check science department bulletin boards or ask a professor directly about lab openings or assisting in research.
- Join FUEMS, Fordham's own student run, on-campus EMT service (ems@fordham.edu)
- A well-rounded sampling of extra-curricular activities or work experiences, both related and unrelated to medicine, will help broaden an applicant's knowledge and development.
- For more information visit the Pre-Health website, www.fordham.edu/info/21526/pre-health\_advising
- More questions? Contact Dean Watts at ewatts1@fordham.edu or in Keating 302