ADMINISTRATIVE POSITION ANNOUNCEMENT

TITLE OF POSITION/RANK: Assistant Strength & Conditioning Coach (2 Positions Available)

DEPARTMENT: Athletics, Rose Hill

RESPONSIBILITIES:
- Design, implement, and evaluate sport-specific speed, strength, and conditioning for varsity teams as assigned by the Assistant AD.
- Analyze nutritional/behavioral habits of student-athletes and educate them on healthy/high performance choices.
- Computer data entry of strength, speed, and conditioning test results, athlete nutritional analyses, and other data as necessary.
- Communicate with sport coaches and sports medicine staff regarding physical training issues and injury limitations of student-athletes.
- Anticipate potential risks of injury, taking measures to reduce them, and, in the event of an injury, having the ability to implement emergency medical procedures.
- Assist with organizing, recruiting, and educating strength and conditioning interns to assist with the day-to-day operations of the strength and conditioning department.
- Assist with the production of educational materials/content for student-athletes and recruits.
- Assist with facility scheduling.
- Assist the Assistant Athletic Director for Athletic Performance with all tasks for which they are responsible and with the general operation of the facility in his or her absence.
- Compliance with all NCAA, Atlantic 10, Patriot League, and University rules and regulations.
- Additional duties as assigned.

QUALIFICATIONS:
- Bachelor’s Degree in Exercise Science, Kinesiology, Health/Physical Education, or a related field required; Master’s Degree preferred.
- 1-3 years’ experience required working in a collegiate strength and conditioning environment preferred.
- National Strength and Conditioning Association (NSCA) certification, or Collegiate Strength and Conditioning Coach (CSCC) certification required.
- CPR and First Aid certification required. Further certification within USAW, Precision Nutrition, PICP, FRC, and FMS is strongly encouraged.
- Proven success in all areas of strength and conditioning programming, Olympic style lifts, plyometrics, speed development, conditioning, and mobility development.
- High energy, a growth mindset, and a hunger to learn are non-negotiable attributes required to become a part of Fordham University Strength and Conditioning.

SALARY: Commensurate with experience

FLSA CATEGORY: Exempt

START DATE: 7/15/2019

SEND LETTER AND RESUME: Joe Gilfedder, Head Coach, Strength & Conditioning
Fordham University – Athletics Department
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