Preventing and Reducing Adolescent Substance Abuse

Featuring Keynote Speaker: Ellen R. Morehouse, LCSW, CASAC, CCP

Wednesday, April 4, 2012
Fordham Westchester
Welcome:
Janna C. Heyman, PhD

Introduction of Children FIRST Scholars:
Janna C. Heyman, PhD and Sharon Young, LCSW

Introduction:
Linda White-Ryan, LMSW, RN, CASAC

Keynote Speaker:
Ellen R. Morehouse, LCSW, CASAC, CPP

Keynote Address:
“Adolescent Substance Abuse: Myths, Facts, and Strategies”

This presentation will provide an overview of current trends and research based on clinical and programmatic strategies for preventing and reducing adolescent substance abuse. Strategies that can be implemented with youth, parents, schools, and communities will be discussed.
1:00-1:45 pm: Lunch
Please enjoy your lunch and meet with the Scholars about their research.

Breakout Sessions:
Sessions will be repeated, please choose two.

Cycle 1: 1:45-2:45 pm
Cycle 2: 3:00-3:45 pm

Session #1
The Challenges of Adolescent Substance Abuse Treatment
Room 116
Earl Wiggins, MSW, CASAC
Director of Adolescent Substance Abuse
Arms Acres

Session #2
Accountability and Responsibility: The Parental Role in Relapse Prevention
Room 117
Joseph Lanzone, LCSWR, CASAC
Adjunct Faculty Fordham University Graduate School of Social Service

Session #3
Program Evaluation: Linking the Evidence between Research and Practice
Room 142
Janna C. Heyman, PhD
Associate Dean Fordham University Graduate School of Social Service
Ellen R. Morehouse, LCSW, CASAC, CPP

Ellen Morehouse is a licensed clinical Social Worker, Certified Alcoholism and Substance Abuse Counselor, and the Executive Director of Student Assistance Services, a non-profit, corporation in Tarrytown, New York. She is the creator of three national model substance abuse prevention and early intervention programs: the Westchester Student Assistance Program; the Residential Student Assistance Program; and Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students).

Mrs. Morehouse has been the recipient of grants from the National Institute on Alcohol Abuse and Alcoholism, the National Institute on Drug Abuse, the Centers for Disease Control, the Center for Substance Abuse Prevention, the Department of Education, and the Office of Juvenile Justice and Delinquency. She has provided training and has presented at conferences in 44 states and taught at Fordham University Graduate School of Social Service.

Mrs. Morehouse has published over 20 articles in professional journals, appeared on national television and has been interviewed by several national magazines. She has been the recipient of the NYS Chapter of the National Association of Social Workers “Social Worker of the Year Award” and the NYS Association of Prevention Professionals “Prevention Professional of the Year Award”, and was one of the founders and is an advisory board member of the National Association for Children of Alcoholics. Ellen also currently serves on the New York Governor’s Advisory Council on Underage Alcohol Consumption and Substance Abuse and the New Jersey Governor’s Council on Alcoholism and Drug Abuse.

Mrs. Morehouse has an undergraduate degree from Cornell University and a Masters in Social Work from New York University.
Joseph Lanzone, LCSWR, CASAC
Joseph Lanzone, Jr. has been an adjunct professor at the Fordham University Graduate School of Social Service for the past 10 years. He has been a faculty advisor, and has taught the Clinical Practice Seminar, as well as the Addiction elective course. He also taught Adolescent Treatment in the Post-Graduate Certificate program. After 25 years counseling, clinically supervising and directing substance abuse treatment programs in Rockland County, he is now in private practice in New City, New York.

Earl Stanley Wiggins, MSW, CASAC
Earl Stanley Wiggins is the Director of Adolescent Programs at Arms Acres. He received his B.A. in Human Services, majoring in psychology, from the College of New Rochelle in 2003. He completed graduate studies in social work at Yeshiva University earning his MSW in 2009. Earl began his career as a counselor at Phoenix House working at Phoenix Academy a residential rehabilitation/High school in 1987, before moving on to work at Nyack Hospital Recovery Center in 1991. He later worked at Albert Einstein, College of Medicine, Methadone Maintenance program and TRI a private “for profit” out-patient program, before returning to Phoenix House in 1994. Since then, a great deal of his work has been with adolescents. He served as Deputy Managing Director of Phoenix Academy/Clinical Program Director from 2005-10 before moving on to his present position at Arms Acres.

Janna C. Heyman, PhD
Dr. Janna C. Heyman is the Associate Dean of the Fordham University Graduate School of Social Service and Director of Children FIRST. Dr. Heyman has worked at Fordham University Graduate School of Social Service for over 20 years and received both her PhD and MSW from Fordham University. She has taught social work research, program evaluation, advanced research design and analysis, policy implementation, and proposal development. Her research has focused on social work education, program evaluation, end-of-life planning and intergenerational research.
Children FIRST Scholars:

Stephanie Carnes
Susan Farrell
Deborah Healy-Seidlitz
Monica Pena
Sean Richards
Raechel Schwartz
Sonia Trejo-Fox
Emily Wheeler
Children FIRST

Children FIRST (Children and Families Institute for Research, Support and Training) was created in 1988. It’s mission is to support agency based practitioners and to promote practice innovation in agencies and organizations serving children and families by:

1. Offering quality training and professional development activities that advance state-of-the-art knowledge and social work skills
2. Undertaking intervention research and evaluating practice and program initiatives
3. Supporting emerging evidenced based, family-focused and community centered developments in the family and children’s services field

The Institute’s activities range from in-service training and staff development to organizational consultation and community development efforts. Research projects occur across the spectrum from needs assessment and program evaluation to intervention and outcome research.

Children FIRST Scholars Program

Through this program, Children FIRST provides scholarship support to eight MSW students who are entering their advanced year of study. Children FIRST provides financial support and professional development opportunities to students who are committed to working with disadvantaged children and families and the communities in Westchester County.