



Fordham University **Counseling & Psychological Services**

Rose Hill

O'Hare Hall (lower level)
(718) 817-3725

Lincoln Center

140 W 62nd Street, Suite G02
(212) 636-6225

London

2 Eyre Street Hill, Room 204
lwoods@fordham.edu

Clinical Services

CPS offers free, confidential, and equity-based clinical services that are customized to each student's unique needs. Some of these services include:

- Individual Counseling (brief, short-term, and extended)
- Group Counseling
- Walk-in and Crisis Intervention
- Psychiatric Consultation, Evaluation & Medication Management
- Peer Counseling
- Personalized Referrals to Off-Campus Providers



Scan to visit our website, follow us on IG, stay updated on our events, and more!

Your First Appointment

To set up your first appointment, please call or stop by our office to schedule an initial phone screening or walk-in appointment with a counselor. This will help us determine how best to assist you. If your situation is urgent, please let us know so that we can arrange to see you immediately.

Hours

Academic Year

Mon -Thurs 9am-7pm
Fri 9am-5pm

Summer Hours

Mon - Thurs 9am-5pm



Fordham University

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Emergency Resources

If you or someone else is experiencing a mental health emergency during our office hours, please contact us and ask to speak with a counselor immediately. During other times, please contact any of these resources. Resident students may also contact their RA or RD.

Fordham Public Safety

Rose Hill (718) 817-2222

Lincoln Ctr (212) 636-6067

Westchester (914) 367-3001



24/7 Student Mental Health Support Line

844-BTR-MYND
(844) 287-6963

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE |

Free, 24/7, Confidential

Outreach Services

CPS offers customized educational, prevention, and training programs for all student groups, departments, faculty, and staff.

Past program topics have included:

- Supporting students of concern
- Stress management and relaxation
- Dating and romantic relationships
- Adjustment & acculturation concerns
- Time management and procrastination
- Coping with trauma or disaster

To discuss or arrange an outreach program, please contact our office to speak with our outreach coordinator.

Consultation Services

CPS staff are available to consult with faculty, staff, coaches, family members, and students about individual students of concern and/or general campus-wide mental health issues.

Diversity, Equity, Inclusion, and Justice

CPS is committed to the delivery of culturally competent services that honor and are responsive to the needs, strengths, and identities of Fordham's diverse community of students, faculty, and staff. CPS recognizes that ecological and systemic oppression and injustice continue to exist and have a negative impact on the mental and emotional health of our community. For this reason, CPS intentionally, actively, & continuously strives to develop and provide services that contribute to the promotion of justice, inclusivity, and equity.